

April 2010

Amherst Tritons Swim Team

Last Updated: 04/30/10

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
All practices will be held in the Totman pool.						
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 SRs: 3 - 5 pm	27 New Swimmers Only at Totman, 5 pm	28 SRs: 3 - 5 pm	29 SRs: 3 - 5 pm AG: 5 - 6 pm JR: 6 - 7:30 pm	30 SRs: 3 - 5 pm	

May 2010

Amherst Tritons Swim Team

Last Updated: 05/31/10

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<div style="border: 1px solid black; padding: 5px; background-color: #e0f7fa;"> All practices will be held in the Totman pool. </div>					1 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
2 AG: 11 - 12 am JRs: 11 am - 12:30 pm	3 SRs: 3 - 5 pm	4 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	5 SRs: 3 - 5 pm	6 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	7 SRs: 3 - 5 pm	8 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
9 NO PRACTICE Mother's Day	10 SRs: 3 - 5 pm	11 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	12 SRs: 3 - 5 pm	13 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	14 SRs: 3 - 5 pm	15 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
16 AG: 11 - 12 am JRs: 11 am - 12:30 pm	17 SRs: 3 - 5 pm	18 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	19 SRs: 3 - 5 pm	20 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	21 SRs: 3 - 5 pm	22 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
23 AG: 11 - 12 am JRs: 11 am - 12:30 pm	24 SRs: 3 - 5 pm	25 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	26 SRs: 3 - 5 pm	27 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	28 SRs: 3 - 5 pm	29 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
30 AG: 11 - 12 am JRs: 11 am - 12:30 pm	31 NO PRACTICE Memorial Day					

June 2010

Amherst Tritons Swim Team

Last Updated: 06/30/10

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	2 SRs: 3 - 5 pm	3 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	4 SRs: 3 - 5 pm	5 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm	
6 AG: 11 - 12 am JRs: 11 am - 12:30 pm	7 SRs: 3 - 5 pm	8 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	9 SRs: 3 - 5 pm	10 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	11 SRs: 3 - 5 pm	12 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm	
13 AG: 11 - 12 am JRs: 11 am - 12:30 pm	14 SRs: 3 - 5 pm	15 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	16 SRs: 3 - 5 pm	17 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	18 SRs: 3 - 5 pm	19 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm	
20 NO PRACTICE Father's Day	21 SRs: 3 - 5 pm AG: 5 - 6 pm	22 Swim Meet #1 (Home), 5:15 pm at Totman vs. Hampden- Wilbraham and	23 SRs: 3 - 5 pm JRs: 4:45 - 6:15 pm	24 SRs: 3 - 5 pm AG: 5 - 6 pm JRs: 6 - 7:30 pm	25 SRs: 3 - 5 pm	26 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm	
27	28 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm	29 Swim Meet #2 (Home) 5:15 pm at Totman vs. Springfield	30 SRs: 8 - 10 am (@ Amherst Col.) JRs: 4:45 - 6:15 pm	<div style="border: 1px solid black; padding: 5px; text-align: center;"> All practices will be held in the Totman pool, except seniors in weekdays from June 28. </div>			

July 2010

Amherst Tritons Swim Team

Last Updated: 07/17/10

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm JRs: 6 - 7:30 pm	2 SRs: 8 - 10 am (@ Amherst Col.)	3 NO PRACTICE
4 NO PRACTICE Independence Day	5 NO PRACTICE	6 Swim Meet #3 (Away) 5:15 pm at Belchertown	7 SRs: 8 - 10 am (@ Amherst Col.) JRs: 4:45 - 6:15 pm	8 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm JRs: 6 - 7:30 pm	9 SRs: 8 - 10 am (@ Amherst Col.)	10 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
11	12 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm	13 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm JRs: 6 - 7:30 pm	14 Swim Meet #4 (Away) 5:15 pm at Tri-Y	15 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm JRs: 6 - 7:30 pm	16 SRs: 8 - 10 am (@ Amherst Col.)	17 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
18	19 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm	20 Swim Meet #5 (Home) 5:15 pm at Totman vs. Monson	21 SRs: 8 - 10 am (@ Amherst Col.) JRs: 4:45 - 6:15 pm	22 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm JRs: 6 - 7:30 pm	23 SRs: 8 - 10 am (@ Amherst Col.)	24 SRs: 8 - 10 am AG: 10 - 11 am JRs: 11 am - 12:30 pm
25	26 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm	27 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm JRs: 6 - 7:30 pm	28 SRs: 8 - 10 am (@ Amherst Col.) JRs: 4:45 - 6:15 pm	29 SRs: 8 - 10 am (@ Amherst Col.) AG: 5 - 6 pm JRs: 6 - 7:30 pm	30 SRs: 8 - 10 am (@ Amherst Col.)	31 Championships