

**Alara Akisik (12) F (Yr: 5th)**

20.48 Y	F	25 Free	10/31/2009	ATST SHARKS Scrimmage 2
37.11 Y	F	50 Free	6/29/2010	ATST Springfield Bluefish
1:24.20 Y	F	100 Free	11/5/2010	ATST @ WESTFIELD
3:30.55 Y	F	200 Free	12/18/2010	ATST vs FALCONS
x25.63 Y	F	25 Back	11/17/2007	ATST @ South Hadley
43.01 Y L	F	50 Back	12/4/2010	ATST vs LONGMEADOW
29.43 Y	F	25 Breast	1/26/2008	Pioneer Valley Swim League
Champs2008				
x50.10 Y	F	50 Breast	12/11/2010	ATST vs Belchertown
22.88 Y	F	25 Fly	10/31/2009	ATST SHARKS Scrimmage 2
x45.07 Y	F	50 Fly	6/28/2011	ATST vs Sharks
1:52.55 Y	F	100 IM	10/24/2009	Scrimmage number 1 vs Amherst
3:38.81 Y	F	200 IM	7/19/2011	ATST vs Tri Y

**Solomon Albertine (12) M**

31.51 Y	F	50 Free	7/5/2011	ATST monson
1:13.19 Y	F	100 Free	7/5/2011	ATST monson
2:38.47 Y	F	200 Free	6/28/2011	ATST vs Sharks
38.05 Y	F	50 Back	7/19/2011	ATST vs Tri Y
1:26.84 Y	F	100 Back	2/11/2011	2011 NE UVAC REGIONALS
43.90 Y	F	50 Breast	7/5/2011	ATST monson
39.53 Y	F	50 Fly	7/12/2011	ATST @ FALCONS
1:24.77 Y	F	100 IM	2/11/2011	2011 NE UVAC REGIONALS
2:54.84 Y	F	200 IM	6/21/2011	ATST vs Belchertown

**Anya Benson (11) F (Yr: 3rd)**

19.96 Y	F	25 Free	10/31/2009	ATST SHARKS Scrimmage 2
x35.29 Y	F	50 Free	6/21/2011	ATST vs Belchertown
1:18.78 Y	F	100 Free	7/5/2011	ATST monson
2:45.46 Y	F	200 Free	7/12/2011	ATST @ FALCONS
23.79 Y	F	25 Back	10/31/2009	ATST SHARKS Scrimmage 2
x45.48 Y	F	50 Back	6/21/2011	ATST vs Belchertown
28.79 Y	F	25 Breast	10/31/2009	ATST SHARKS Scrimmage 2
49.83 Y	F	50 Breast	7/5/2011	ATST monson
32.11 Y	F	25 Fly	11/8/2008	ATST vs Falcons
x48.28 Y	F	50 Fly	6/28/2011	ATST vs Sharks
1:37.87 Y	F	100 IM	11/20/2010	ATST vs AGAWAM
3:17.16 Y	F	200 IM	6/28/2011	ATST vs Sharks

**Walter Benson (17) M (Yr: so)**

Championships	25.21 Y	F	25 Free	2/1/2003	PVSL Winter 03
	25.63 Y	F	50 Free	1/22/2011	PVSL Championships
	x56.37 Y	F	100 Free	1/9/2010	ATST vs ELongmeadow
	2:01.18 Y	F	200 Free	1/22/2011	PVSL Championships
Championships	22.93 Y	F	25 Back	2/1/2003	PVSL Winter 03

	29.40 Y L	F	50 Back	1/22/2011	PVSL Championships
	1:08.32 Y	F	100 Back	11/5/2010	ATST @ WESTFIELD
	54.70 Y	F	25 Breast	1/18/2002	Amherst Vs Northampton
Regional Meet	41.17 Y	F	50 Breast	2/16/2007	New England Swimming
	1:16.44 Y	F	100 Breast	7/21/2009	ATST vs Springfield
	32.44 Y	F	25 Fly	11/22/2002	Amherst vs East Longmeadow
	37.84 Y	F	50 Fly	1/13/2007	ATST@Springfield
	1:09.60 Y	F	100 Fly	6/23/2009	ATST vs Belchertown
	1:43.82 Y	F	100 IM	6/29/2004	HYV vs Amherst
	2:26.04 Y	F	200 IM	6/30/2009	Atst vs Tri-Y

#### Julian Blanchet (18) M (Yr: 9th)

	26.41 Y	F	50 Free	6/28/2011	ATST vs Sharks
	59.29 Y	F	100 Free	6/28/2011	ATST vs Sharks
	2:30.77 Y	F	200 Free	6/23/2009	ATST vs Belchertown

#### Julian Blanchet (18) M (Yr: 9th)

	1:15.54 Y	F	100 Back	6/28/2011	ATST vs Sharks
	1:29.42 Y	F	100 Breast	6/30/2009	Atst vs Tri-Y
	1:12.72 Y	F	100 Fly	7/5/2011	ATST monson
	2:34.33 Y	F	200 IM	7/5/2011	ATST monson

#### Kyle Boyd (18) F (Yr: jr)

	24.81 Y	F	25 Free	11/7/2001	2002 Winter Mock Meet
	29.59 Y	F	50 Free	6/22/2010	ATST Bluefish Falcons
	1:05.43 Y	F	100 Free	6/22/2010	ATST Bluefish Falcons
	2:19.46 Y	F	200 Free	7/14/2009	ATST vs Falcons
	6:20.15 Y	F	500 Free	1/16/2010	IMX Plus Meet
Distance Invite	22:24.59 Y	F	1650 Free	12/12/2010	CPHM Piranhas December
	27.16 Y	F	25 Back	7/10/2001	S01 Wilbraham Vs Amherst
	14.00 Y L	F	50 Back	6/30/2009	Atst vs Tri-Y
	1:13.28 Y	F	100 Back	1/24/2009	PVSL Championships 2009
	2:41.91 Y	F	200 Back	12/15/2006	Santa Claus Classic
	26.91 Y	F	25 Breast	2/9/2002	PVSL Championships
	44.57 Y	F	50 Breast	7/12/2005	ATST vs Easthampton
	1:33.38 Y	F	100 Breast	11/28/2008	Pioneer Valley Invitational
	3:35.06 Y	F	200 Breast	10/14/2006	Snapper Splash USS Meet
	26.43 Y	F	25 Fly	2/1/2002	Springfield Vs Amherst
Amherst Tritons	39.15 Y	F	50 Fly	12/2/2005	South Hadley Swords vs
	1:23.15 Y	F	100 Fly	11/28/2008	Pioneer Valley Invitational
	3:04.69 Y	F	200 Fly	11/28/2008	Pioneer Valley Invitational
	1:21.22 Y	F	100 IM	1/14/2006	A/B/C Meet
	2:42.47 Y	F	200 IM	1/24/2009	PVSL Championships 2009
	6:11.17 Y	F	400 IM	1/10/2009	IMX Plus Meet

#### Samson Braun (14) M (Yr: 7th)

	28.72 Y	F	50 Free	7/30/2011	2011 WMSSL Championships
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1:03.30 Y	F	100	Free	7/19/2011	ATST vs Tri Y
2:23.43 Y	F	200	Free	12/18/2010	ATST vs FALCONS
6:15.65 Y	F	500	Free	2/11/2011	2011 NE UVAC REGIONALS
40.73 Y	F	50	Back	7/21/2009	ATST vs Springfield
1:14.91 Y	F	100	Back	2/11/2011	2011 NE UVAC REGIONALS
45.09 Y	F	50	Breast	7/25/2009	2009 WMSSL Championships
1:23.99 Y	F	100	Breast	2/11/2011	2011 NE UVAC REGIONALS
51.05 Y	F	50	Fly	6/23/2009	ATST vs Belchertown
1:59.22 Y	F	100	IM	7/17/2007	ATST - NAS Meet
2:51.32 Y	F	200	IM	6/21/2011	ATST vs Belchertown

#### Katie Brown (10) F

40.18 Y	F	50	Free	7/30/2011	2011 WMSSL Championships
1:45.08 Y	F	100	Free	1/15/2011	ATSTvELM
52.53 Y	F	50	Back	1/22/2011	PVSL Championships
57.56 Y	F	50	Breast	7/30/2011	2011 WMSSL Championships
54.51 Y	F	50	Fly	7/19/2011	ATST vs Tri Y
2:04.47 Y	F	100	IM	12/18/2010	ATST vs FALCONS

#### Sadie Buck (12) F (Yr: 5th)

19.48 Y	F	25	Free	10/31/2009	ATST SHARKS Scrimmage 2
x38.84 Y	F	50	Free	6/28/2011	ATST vs Sharks
1:41.92 Y	F	100	Free	7/14/2010	Tri-Y vs Amherst
3:05.99 Y	F	200	Free	7/19/2011	ATST vs Tri Y
23.20 Y	F	25	Back	10/31/2009	ATST SHARKS Scrimmage 2
x44.00 Y	F	50	Back	6/21/2011	ATST vs Belchertown
52.85 Y	F	50	Breast	6/28/2011	ATST vs Sharks
32.37 Y	F	25	Fly	10/31/2009	ATST SHARKS Scrimmage 2
x50.68 Y	F	50	Fly	7/5/2011	ATST monson
x2:05.12 Y	F	100	IM	12/5/2009	ATST v Monson

#### Sadie Buck (12) F (Yr: 5th)

4:19.81 Y	F	200	IM	7/20/2010	ATST MONSON BLUEFISH
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#### Ella Budington (9) F (Yr: 2nd)

18.71 Y	F	25	Free	1/15/2011	ATSTvELM
50.29 Y	F	50	Free	12/4/2010	ATST vs LONGMEADOW
27.89 Y	F	25	Back	12/18/2010	ATST vs FALCONS
47.53 Y	F	25	Breast	1/9/2010	ATST vs ELongmeadow
27.40 Y	F	25	Fly	1/22/2011	PVSL Championships
1:02.15 Y	F	50	Fly	6/21/2011	ATST vs Belchertown
2:13.65 Y	F	100	IM	7/19/2011	ATST vs Tri Y

#### Hunter Carkhuff (13) M (Yr: 6th)

19.51 Y	F	25	Free	7/29/2006	2006 WMSSL Championships
28.65 Y	F	50	Free	6/28/2011	ATST vs Sharks
1:01.92 Y	F	100	Free	1/22/2011	PVSL Championships

2:13.00	Y	F	200	Free	7/5/2011	ATST monson
6:16.09	Y	F	500	Free	6/3/2011	NAS Beat the Heat
24.55	Y	F	25	Back	1/28/2006	PVSL Champs 2006
39.17	Y	F	50	Back	11/14/2009	ATST vs LONGMEADOW
1:12.67	Y	F	100	Back	7/5/2011	ATST monson
25.89	Y	F	25	Breast	6/13/2006	ATST vs. Springfield
47.13	Y	F	50	Breast	6/29/2010	ATST Springfield Bluefish
1:37.99	Y	F	100	Breast	12/4/2010	ATST vs LONGMEADOW
28.43	Y	F	25	Fly	7/11/2006	Monson vs. ATST
33.44	Y	F	50	Fly	7/31/2010	2010 WMSSL Championships
1:07.97	Y	F	100	Fly	7/30/2011	2011 WMSSL Championships
1:22.64	Y	F	100	IM	10/24/2009	Scrimage number 1 vs Amherst
2:30.35	Y	F	200	IM	7/30/2011	2011 WMSSL Championships

#### Chao-yuan Chen (14) M (Yr: 7th)

29.62	Y	F	50	Free	1/22/2011	PVSL Championships
1:09.70	Y	F	100	Free	1/22/2011	PVSL Championships
3:46.12	Y	F	200	Free	11/13/2010	ATST @ MONSON
53.38	Y	F	50	Back	12/6/2008	ATST vs. Belchertown
1:35.88	Y	F	100	Back	6/28/2011	ATST vs Sharks
58.65	Y	F	50	Breast	11/8/2008	ATST vs Falcons
1:28.27	Y	F	100	Breast	1/15/2011	ATSTvELM
1:00.69	Y	F	50	Fly	11/1/2008	Amherst vs Springfield

#### Devan Chen (11) F (Yr: 4th)

23.44	Y	F	25	Free	11/22/2008	Atst vs Longmeadow
x37.43	Y	F	50	Free	6/28/2011	ATST vs Sharks
1:41.98	Y	F	100	Free	11/13/2010	ATST @ MONSON
26.29	Y	F	25	Back	12/13/2008	ATST vs MONSON
48.43	Y	F	50	Back	1/22/2011	PVSL Championships
36.98	Y	F	25	Breast	11/1/2008	Amherst vs Springfield
48.89	Y	F	50	Breast	6/28/2011	ATST vs Sharks
27.11	Y	F	25	Fly	12/6/2008	ATST vs. Belchertown
50.38	Y	F	50	Fly	11/20/2010	ATST vs AGAWAM
2:01.11	Y	F	100	IM	11/13/2010	ATST @ MONSON

#### Young-Jin Choi (11) F (Yr: 4th)

31.98	Y	F	25	Free	10/31/2009	ATST SHARKS Scrimmage 2
x46.71	Y	F	50	Free	6/28/2011	ATST vs Sharks
42.61	Y	F	25	Back	10/31/2009	ATST SHARKS Scrimmage 2
x1:00.21	Y	F	50	Back	7/12/2011	ATST @ FALCONS
41.14	Y	F	25	Fly	10/31/2009	ATST SHARKS Scrimmage 2
x1:02.11	Y	F	50	Fly	7/5/2011	ATST monson
4:16.37	Y	F	200	IM	7/19/2011	ATST vs Tri Y

#### Josselyn Connor (12) F (Yr: 5th)

24.70	Y	F	25	Free	11/17/2007	ATST @ South Hadley
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**Josselyn Connor (12) F (Yr: 5th)**

34.60 Y	F	50	Free	7/5/2011	ATST monson
1:22.83 Y	F	100	Free	7/19/2011	ATST vs Tri Y
2:50.47 Y	F	200	Free	7/12/2011	ATST @ FALCONS
26.81 Y	F	25	Back	11/3/2007	ATST VS SSST
40.02 Y	F	50	Back	7/5/2011	ATST monson
1:34.00 Y	F	100	Back	11/26/2010	Pioneer Valley Invitational
28.55 Y	F	25	Breast	1/12/2008	ATST @ Falcons
43.40 Y	F	50	Breast	7/30/2011	2011 WMSSL Championships
1:37.14 Y	F	100	Breast	2/11/2011	2011 NE UVAC REGIONALS
29.09 Y	F	25	Fly	12/1/2007	atst vs Elong
41.51 Y	F	50	Fly	6/28/2011	ATST vs Sharks
1:32.35 Y	F	100	IM	5/6/2011	NAS Spring Pentathlon
3:11.74 Y	F	200	IM	6/21/2011	ATST vs Belchertown

**Sydney Connor (15) F (Yr: 9th)**

26.82 Y	F	50	Free	1/2/2010	NAS Distance & Sprint 2010
57.46 Y	F	100	Free	1/9/2010	ATST vs ELongmeadow
2:08.53 Y	F	200	Free	7/6/2010	ATST Belchertown Bluefish
5:50.72 Y	F	500	Free	6/3/2011	NAS Beat the Heat
31.56 Y L	F	50	Back	1/22/2011	PVSL Championships
1:05.57 Y	F	100	Back	2/11/2011	2011 NE UVAC REGIONALS
2:30.74 Y	F	200	Back	2/12/2010	2010 NE NAS Regional Meet
36.32 Y	F	50	Breast	7/8/2008	ATST @ FALCONS
1:13.28 Y	F	100	Breast	7/30/2011	2011 WMSSL Championships
2:44.69 Y	F	200	Breast	2/11/2011	2011 NE UVAC REGIONALS
30.27 Y	F	50	Fly	7/26/2008	WMSSL Championships
1:04.60 Y	F	100	Fly	5/6/2011	NAS Spring Pentathlon
2:27.68 Y	F	200	Fly	2/11/2011	2011 NE UVAC REGIONALS
1:12.83 Y	F	100	IM	10/24/2009	Scrimage number 1 vs Amherst
2:20.40 Y	F	200	IM	2/11/2011	2011 NE UVAC REGIONALS
5:05.67 Y	F	400	IM	1/8/2011	NAS Distance & Sprints

**Shelby Cranston-Weaver (10) F**

x41.56 Y	F	50	Free	7/12/2011	ATST @ FALCONS
1:46.17 Y	F	100	Free	12/18/2010	ATST vs FALCONS
50.14 Y L	F	50	Back	7/19/2011	ATST vs Tri Y
1:07.32 Y	F	50	Breast	6/28/2011	ATST vs Sharks

**Emma Currier (10) F**

34.76 Y	F	50	Free	7/12/2011	ATST @ FALCONS
1:19.11 Y	F	100	Free	6/21/2011	ATST vs Belchertown
40.33 Y L	F	50	Back	6/21/2011	ATST vs Belchertown
50.89 Y	F	50	Breast	7/5/2011	ATST monson
45.44 Y	F	50	Fly	7/5/2011	ATST monson
1:31.67 Y	F	100	IM	6/28/2011	ATST vs Sharks

**Samantha Currier (14) F (Yr: 7th)**

17.28 Y	F	25	Free	10/14/2005	Halloween Classic 2005
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26.12 Y	P	50	Free	3/4/2010	2010 NE March 13-19 Age
Group Championship					
56.71 Y	P	100	Free	3/4/2010	2010 NE March 13-19 Age
Group Championship					
2:05.97 Y	F	200	Free	11/26/2010	Pioneer Valley Invitational
5:44.96 Y	F	500	Free	11/26/2010	Pioneer Valley Invitational
12:02.67 Y	F	1000	Free	6/3/2011	NAS Beat the Heat
19:58.25 Y	F	1650	Free	1/8/2011	NAS Distance & Sprints
20.63 Y	F	25	Back	10/14/2005	Halloween Classic 2005
29.49 Y L	F	50	Back	3/4/2010	2010 NE March 13-19 Age
Group Championship					
1:03.17 Y	F	100	Back	5/6/2011	NAS Spring Pentathlon
2:25.13 Y	F	200	Back	2/12/2010	2010 NE NAS Regional Meet
24.89 Y	F	25	Breast	6/28/2005	ATST vs East Longmeadow
39.73 Y	F	50	Breast	7/21/2009	ATST vs Springfield

**Samantha Currier (14) F (Yr: 7th)**

1:23.28 Y	F	100	Breast	5/14/2010	NAS Spring Pentathlon
18.97 Y	F	25	Fly	7/23/2005	2005 WMSSL Championships
30.10 Y	F	50	Fly	5/15/2009	NAS Spring Pentathlon
1:06.04 Y	F	100	Fly	5/6/2011	NAS Spring Pentathlon
2:40.52 Y	F	200	Fly	11/26/2010	Pioneer Valley Invitational
1:12.63 Y	F	100	IM	5/15/2009	NAS Spring Pentathlon
2:25.37 Y	F	200	IM	5/6/2011	NAS Spring Pentathlon

**Kathryn Daughton (10) F (Yr: 4th)**

20.07 Y	F	25	Free	10/31/2009	ATST SHARKS Scrimmage 2
37.91 Y	F	50	Free	6/21/2011	ATST vs Belchertown
1:25.73 Y	F	100	Free	6/28/2011	ATST vs Sharks
47.38 Y	F	50	Back	6/21/2011	ATST vs Belchertown
33.26 Y	F	25	Breast	10/31/2009	ATST SHARKS Scrimmage 2
50.61 Y	F	50	Breast	1/22/2011	PVSL Championships
25.51 Y	F	25	Fly	10/31/2009	ATST SHARKS Scrimmage 2
46.16 Y	F	50	Fly	6/28/2011	ATST vs Sharks
1:52.37 Y	F	100	IM	12/11/2010	ATST vs Belchertown

**Michael de Ubl (14) M (Yr: 7th)**

35.39 Y	F	50	Free	7/19/2011	ATST vs Tri Y
1:03.28 Y	F	100	Free	7/5/2011	ATST monson
3:25.75 Y	F	200	Free	1/9/2010	ATST vs ELongmeadow
54.95 Y	F	50	Back	6/30/2009	Atst vs Tri-Y
1:27.56 Y	F	100	Back	1/22/2011	PVSL Championships
46.99 Y	F	50	Breast	6/22/2010	ATST Bluefish Falcons
1:34.09 Y	F	100	Breast	1/22/2011	PVSL Championships
1:04.54 Y	F	50	Fly	1/9/2010	ATST vs ELongmeadow
1:52.38 Y	F	100	IM	10/24/2009	Scrimage number 1 vs Amherst
3:14.06 Y	F	200	IM	7/19/2011	ATST vs Tri Y

**Amanda Deskavich (13) F (Yr: 6th)**

	28.13 Y	F	50 Free	7/31/2010	2010 WMSSL Championships
	1:03.55 Y	F	100 Free	2/12/2010	2010 NE NAS Regional Meet
	2:22.50 Y	F	200 Free	6/28/2011	ATST vs Sharks
	6:29.83 Y	F	500 Free	1/8/2011	NAS Distance & Sprints
	32.46 Y	F	50 Back	2/12/2010	2010 NE NAS Regional Meet
	1:10.47 Y	F	100 Back	7/30/2011	2011 WMSSL Championships
	41.75 Y	F	50 Breast	2/11/2011	2011 NE UVAC REGIONALS
	31.30 Y	F	50 Fly	7/6/2010	ATST Belchertown Bluefish
	1:15.09 Y	F	100 Fly	11/26/2010	Pioneer Valley Invitational
Classic	3:03.56 Y	F	200 Fly	1/15/2011	Solo Aquatics - Snowball
	1:14.71 Y	F	100 IM	2/12/2010	2010 NE NAS Regional Meet
	2:41.95 Y	F	200 IM	2/12/2010	2010 NE NAS Regional Meet

### Jin Dockko (11) F

	x43.81 Y	F	50 Free	7/19/2011	ATST vs Tri Y
	x58.41 Y	F	50 Back	6/21/2011	ATST vs Belchertown

### Kippie Douglas (13) F (Yr: 6th)

	x35.78 Y	F	50 Free	12/11/2010	ATST vs Belchertown
	1:19.37 Y	F	100 Free	11/20/2010	ATST vs AGAWAM
	2:48.08 Y	F	200 Free	12/4/2010	ATST vs LONGMEADOW
	41.89 Y L	F	50 Back	1/22/2011	PVSL Championships
	50.92 Y	F	50 Breast	1/30/2010	PVSL CHAMPS
	x41.41 Y	F	50 Fly	1/8/2011	SSST VS ATST
	2:13.76 Y	F	100 IM	11/15/2008	ATST vs ELongmeadow
	3:08.84 Y	F	200 IM	12/18/2010	ATST vs FALCONS

### Adam Eaton (13) M (Yr: 6th)

	33.46 Y	F	50 Free	7/31/2010	2010 WMSSL Championships
	1:02.46 Y	F	100 Free	1/8/2011	SSST VS ATST

### Adam Eaton (13) M (Yr: 6th)

	2:57.69 Y	F	200 Free	6/22/2010	ATST Bluefish Falcons
	38.40 Y L	F	50 Back	7/14/2010	Tri-Y vs Amherst
	43.62 Y	F	50 Breast	7/31/2010	2010 WMSSL Championships
	43.14 Y	F	50 Fly	1/15/2011	ATSTvELM
	1:39.06 Y	F	100 IM	12/6/2008	ATST vs. Belchertown
	3:10.09 Y	F	200 IM	7/14/2010	Tri-Y vs Amherst

### Anabelle Farnham (11) F

	37.37 Y	F	50 Free	6/21/2011	ATST vs Belchertown
	x43.17 Y	F	50 Back	6/21/2011	ATST vs Belchertown
	47.00 Y	F	50 Breast	7/30/2011	2011 WMSSL Championships
	x45.55 Y	F	50 Fly	6/28/2011	ATST vs Sharks
	3:20.37 Y	F	200 IM	6/28/2011	ATST vs Sharks

### Julia Feldman (9) F

23.90 Y	F	25 Free	7/20/2010	ATST MONSON BLUEFISH
44.45 Y	F	50 Free	7/19/2011	ATST vs Tri Y
2:12.60 Y	F	100 Free	12/4/2010	ATST vs LONGMEADOW
26.80 Y	F	25 Back	7/20/2010	ATST MONSON BLUEFISH
x49.45 Y	F	50 Back	7/19/2011	ATST vs Tri Y
1:33.13 Y	F	50 Breast	6/28/2011	ATST vs Sharks
x1:10.03 Y	F	50 Fly	6/28/2011	ATST vs Sharks

#### Ashley Fitch (14) F

x32.88 Y	F	50 Free	6/28/2011	ATST vs Sharks
1:08.91 Y	F	100 Free	7/19/2011	ATST vs Tri Y
2:29.52 Y	F	200 Free	7/19/2011	ATST vs Tri Y
40.28 Y	F	50 Back	6/3/2011	NAS Beat the Heat
1:29.76 Y	F	100 Back	7/12/2011	ATST @ FALCONS
2:20.30 Y	F	100 Breast	5/6/2011	NAS Spring Pentathlon
1:45.10 Y	F	100 Fly	5/6/2011	NAS Spring Pentathlon
1:33.50 Y	F	100 IM	6/3/2011	NAS Beat the Heat
3:17.14 Y	F	200 IM	7/12/2011	ATST @ FALCONS

#### David Fitch (13) M

31.44 Y	F	50 Free	7/19/2011	ATST vs Tri Y
1:09.61 Y	F	100 Free	7/19/2011	ATST vs Tri Y
2:41.85 Y	F	200 Free	6/28/2011	ATST vs Sharks
40.68 Y	F	50 Back	6/3/2011	NAS Beat the Heat
1:21.62 Y	F	100 Back	7/19/2011	ATST vs Tri Y

#### Evelyn Foster (11) F

x37.26 Y	F	50 Free	6/21/2011	ATST vs Belchertown
1:23.75 Y	F	100 Free	1/22/2011	PVSL Championships
3:07.29 Y	F	200 Free	6/28/2011	ATST vs Sharks
44.55 Y	F	50 Back	7/30/2011	2011 WMSSL Championships
50.41 Y	F	50 Breast	12/18/2010	ATST vs FALCONS
45.91 Y	F	50 Fly	1/15/2011	ATSTvELM
x1:30.61 Y	F	100 IM	12/11/2010	ATST vs Belchertown
3:27.26 Y	F	200 IM	7/5/2011	ATST monson

#### Sophie Foulkes (11) F

x53.14 Y	F	50 Free	6/21/2011	ATST vs Belchertown
x1:05.15 Y	F	50 Back	6/21/2011	ATST vs Belchertown

#### Emma Fuller (11) F (Yr: 4th)

x37.58 Y	F	50 Free	6/21/2011	ATST vs Belchertown
1:22.49 Y	F	100 Free	6/28/2011	ATST vs Sharks
25.97 Y	F	25 Back	10/31/2009	ATST SHARKS Scrimmage 2
42.82 Y	F	50 Back	1/22/2011	PVSL Championships
1:10.69 Y	F	50 Breast	11/14/2009	ATST vs LONGMEADOW
x59.10 Y	F	50 Fly	11/5/2010	ATST @ WESTFIELD
1:50.37 Y	F	100 IM	11/5/2010	ATST @ WESTFIELD

**Emily Gardiner (12) F (Yr: 5th)**

17.32 Y	F	25	Free	2/15/2008	NE Regional Meet 2008
29.42 Y	F	50	Free	2/11/2011	2011 NE UVAC REGIONALS
1:06.86 Y	F	100	Free	2/11/2011	2011 NE UVAC REGIONALS
2:27.25 Y	F	200	Free	2/11/2011	2011 NE UVAC REGIONALS
7:06.53 Y	F	500	Free	1/8/2011	NAS Distance & Sprints
22.25 Y	F	25	Back	1/19/2008	ATST vs Westfield
34.87 Y	F	50	Back	2/11/2011	2011 NE UVAC REGIONALS
1:18.29 Y	F	100	Back	11/26/2010	Pioneer Valley Invitational
27.42 Y	F	25	Breast	2/15/2008	NE Regional Meet 2008
42.80 Y	F	50	Breast	2/11/2011	2011 NE UVAC REGIONALS
26.16 Y	F	25	Fly	2/15/2008	NE Regional Meet 2008
40.49 Y	F	50	Fly	1/8/2011	NAS Distance & Sprints
1:18.51 Y	F	100	IM	2/11/2011	2011 NE UVAC REGIONALS
3:06.47 Y	F	200	IM	1/15/2011	ATSTvELM

**Corey Gerber Dolan (15) F (Yr: 8t)**

2:20.11 Y	F	200	Free	7/30/2011	2011 WMSSL Championships
1:18.52 Y	F	100	Back	7/19/2011	ATST vs Tri Y
1:22.63 Y	F	100	Breast	7/30/2011	2011 WMSSL Championships

**Jesse Gerber Dolan (13) F**

x37.44 Y	F	50	Free	7/12/2011	ATST @ FALCONS
1:21.50 Y	F	100	Free	7/30/2011	2011 WMSSL Championships
3:13.74 Y	F	200	Free	7/19/2011	ATST vs Tri Y
1:34.31 Y	F	100	Back	7/19/2011	ATST vs Tri Y
1:45.98 Y	F	100	Breast	7/30/2011	2011 WMSSL Championships

**Simone Greenberg (11) F**

x39.02 Y	F	50	Free	7/19/2011	ATST vs Tri Y
x54.03 Y	F	50	Back	7/19/2011	ATST vs Tri Y

**Anah Gyselle Hennessey (11) F (Yr: 4th)**

36.42 Y	F	50	Free	1/22/2011	PVSL Championships
1:24.48 Y	F	100	Free	7/12/2011	ATST @ FALCONS
3:08.06 Y	F	200	Free	1/8/2011	SSST VS ATST
43.93 Y	F	50	Back	6/21/2011	ATST vs Belchertown
x1:06.85 Y	F	50	Breast	1/16/2010	Belchertown vs. Amherst
44.58 Y	F	50	Fly	6/21/2011	ATST vs Belchertown
1:51.64 Y	F	100	IM	1/30/2010	PVSL CHAMPS
3:34.57 Y	F	200	IM	1/15/2011	ATSTvELM

**Mikaela Holme-Miller (18) F (Yr: jr)**

23.33 Y	F	25	Free	11/7/2001	2002 Winter Mock Meet
27.13 Y	F	50	Free	2/2/2007	bear020207
1:00.80 Y	F	100	Free	2/16/2007	New England Swimming

Regional Meet

	2:13.08	Y	F	200	Free	2/2/2007	bear020207
Regional Meet	5:57.63	Y	F	500	Free	2/16/2007	New England Swimming
	21:41.21	Y	F	1650	Free	1/14/2007	Eaglebrook Distance Meet 2007
	25.39	Y	F	25	Back	1/4/2002	Amherst Vs West Springfield
Course Champions	33.01	Y	P	50	Back	2/23/2006	New England 12 & Under Short
Regional Meet	1:12.72	Y	F	100	Back	2/17/2006	New England Swimming
Course Champions	2:32.80	Y	P	200	Back	2/23/2006	New England 12 & Under Short
Course Champions	37.28	Y	P	50	Breast	2/23/2006	New England 12 & Under Short
	1:20.05	Y	F	100	Breast	11/8/2008	ATST vs Falcons
	23.84	Y	F	25	Fly	2/9/2002	PVSL Championships
Regional Meet	33.82	Y	F	50	Fly	2/17/2006	New England Swimming
	1:10.47	Y	F	100	Fly	1/22/2011	PVSL Championships
Regional Meet	1:12.59	Y	F	100	IM	2/17/2006	New England Swimming
Regional Meet	2:34.09	Y	F	200	IM	2/16/2007	New England Swimming

#### **Madelaine Holub (10) F**

	35.69	Y	F	50	Free	1/22/2011	PVSL Championships
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#### **Madelaine Holub (10) F**

	1:20.07	Y	F	100	Free	6/28/2011	ATST vs Sharks
	44.54	Y	F	50	Back	7/5/2011	ATST monson
	43.23	Y	F	50	Breast	7/12/2011	ATST @ FALCONS
	42.58	Y	F	50	Fly	6/28/2011	ATST vs Sharks
	1:26.28	Y	F	100	IM	7/12/2011	ATST @ FALCONS

#### **Shoshanah Holub (8) F**

	21.98	Y	F	25	Free	7/12/2011	ATST @ FALCONS
	59.31	Y	F	50	Free	6/21/2011	ATST vs Belchertown
	26.43	Y	F	25	Back	7/12/2011	ATST @ FALCONS
	28.35	Y	F	25	Breast	6/21/2011	ATST vs Belchertown
	28.88	Y	F	25	Fly	6/28/2011	ATST vs Sharks
	2:05.05	Y	F	100	IM	7/5/2011	ATST monson

#### **Hunter Juras (12) M**

	36.25	Y	F	50	Free	7/6/2010	ATST Belchertown Bluefish
	1:26.88	Y	F	100	Free	1/22/2011	PVSL Championships
	50.67	Y	F	50	Back	12/18/2010	ATST vs FALCONS
	1:03.19	Y	F	50	Breast	1/15/2011	ATSTvELM
	54.50	Y	F	50	Fly	11/20/2010	ATST vs AGAWAM
	3:54.47	Y	F	200	IM	6/21/2011	ATST vs Belchertown

#### **Rebecca Karlin (9) F**

	32.19	Y	F	25	Free	7/31/2010	2010 WMSSL Championships
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x1:01.08 Y	F	50	Free	7/12/2011	ATST @ FALCONS
2:39.95 Y	F	100	Free	6/21/2011	ATST vs Belchertown
33.79 Y	F	25	Back	6/22/2010	ATST Bluefish Falcons
x1:05.73 Y	F	50	Back	6/21/2011	ATST vs Belchertown
2:50.32 Y	F	100	IM	7/19/2011	ATST vs Tri Y

**Michaela Kingsley (13) F (Yr: 6th)**

39.21 Y	F	50	Free	7/6/2010	ATST Belchertown Bluefish
1:34.40 Y	F	100	Free	6/22/2010	ATST Bluefish Falcons
3:43.50 Y	F	200	Free	11/21/2009	ATST v WESTFIELD
46.41 Y	F	50	Back	6/29/2010	ATST Springfield Bluefish
46.29 Y	F	50	Breast	1/30/2010	PVSL CHAMPS
47.16 Y	F	50	Fly	6/29/2010	ATST Springfield Bluefish
1:48.80 Y	F	100	IM	10/24/2009	Scrimage number 1 vs Amherst
3:36.62 Y	F	200	IM	7/6/2010	ATST Belchertown Bluefish

**Abigail Kleinman-Eddy (11) F (Yr: 5th)**

22.50 Y	F	25	Free	7/1/2008	Tri-Y at ATST
38.12 Y	F	50	Free	7/6/2010	ATST Belchertown Bluefish
1:24.28 Y	F	100	Free	12/4/2010	ATST vs LONGMEADOW
3:01.71 Y	F	200	Free	12/18/2010	ATST vs FALCONS
x25.56 Y	F	25	Back	12/1/2007	atst vs Elong
40.45 Y	F	50	Back	7/30/2011	2011 WMSSL Championships
36.73 Y	F	25	Breast	1/19/2008	ATST vs Westfield
52.94 Y	F	50	Breast	11/5/2010	ATST @ WESTFIELD
42.32 Y	F	50	Fly	7/30/2011	2011 WMSSL Championships
1:40.68 Y	F	100	IM	7/31/2010	2010 WMSSL Championships
3:14.85 Y	F	200	IM	7/5/2011	ATST monson

**Marc Klepacki (14) M (Yr: 7th)**

23.91 Y	F	50	Free	7/19/2011	ATST vs Tri Y
52.73 Y	F	100	Free	7/30/2011	2011 WMSSL Championships
2:02.36 Y	F	200	Free	6/21/2011	ATST vs Belchertown
5:45.88 Y	F	500	Free	2/11/2011	2011 NE UVAC REGIONALS
28.53 Y	F	50	Back	6/3/2011	NAS Beat the Heat
1:02.15 Y	F	100	Back	7/19/2011	ATST vs Tri Y
37.53 Y	F	50	Breast	2/12/2010	2010 NE NAS Regional Meet
x1:20.49 Y	F	100	Breast	11/5/2010	ATST @ WESTFIELD

**Marc Klepacki (14) M (Yr: 7th)**

29.62 Y	F	50	Fly	2/25/2010	2010 NE 12 Under Championships
1:01.93 Y	F	100	Fly	7/12/2011	ATST @ FALCONS
1:05.92 Y	F	100	IM	6/3/2011	NAS Beat the Heat
2:23.05 Y	F	200	IM	6/3/2011	NAS Beat the Heat

**Kenadie Kocot (8) F**

17.74 Y	F	25	Free	7/30/2011	2011 WMSSL Championships
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42.47 Y	F	50 Free	7/12/2011	ATST @ FALCONS
21.95 Y	F	25 Back	6/28/2011	ATST vs Sharks
27.38 Y	F	25 Breast	6/28/2011	ATST vs Sharks
22.28 Y	F	25 Fly	7/12/2011	ATST @ FALCONS
2:00.80 Y	F	100 IM	7/5/2011	ATST monson

#### Benjamin Krifka (17) M (Yr: so)

46.53 Y	F	50 Free	6/23/2009	ATST vs Belchertown
1:44.92 Y	F	100 Free	11/5/2010	ATST @ WESTFIELD
3:50.07 Y	F	200 Free	7/30/2011	2011 WMSSL Championships
23.00 Y L	F	50 Back	6/30/2009	Atst vs Tri-Y
x55.68 Y	F	100 Back	12/5/2009	ATST v Monson
x1:02.55 Y	F	50 Fly	10/24/2009	Scrimage number 1 vs Amherst
4:04.44 Y	F	200 IM	6/29/2010	ATST Springfield Bluefish

#### Catherine Larson (11) F

x37.16 Y	F	50 Free	7/5/2011	ATST monson
3:04.14 Y	F	200 Free	6/28/2011	ATST vs Sharks
x46.21 Y	F	50 Back	7/12/2011	ATST @ FALCONS
52.98 Y	F	50 Breast	7/30/2011	2011 WMSSL Championships
48.62 Y	F	50 Fly	7/30/2011	2011 WMSSL Championships

#### Grace Lerch (7) F

24.43 Y	F	25 Free	7/19/2011	ATST vs Tri Y
59.88 Y	F	50 Free	6/28/2011	ATST vs Sharks
28.42 Y	F	25 Back	6/21/2011	ATST vs Belchertown
43.33 Y	F	25 Breast	6/21/2011	ATST vs Belchertown

#### Taylor Lesure (13) F (Yr: 4th)

20.72 Y	F	25 Free	6/27/2006	ATST vs. HRY
x38.03 Y	F	50 Free	6/21/2011	ATST vs Belchertown
1:25.64 Y	F	100 Free	7/19/2011	ATST vs Tri Y
3:15.14 Y	F	200 Free	7/5/2011	ATST monson
24.13 Y	F	25 Back	7/23/2005	2005 WMSSL Championships
42.71 Y L	F	50 Back	6/21/2011	ATST vs Belchertown
1:43.68 Y	F	100 Back	7/5/2011	ATST monson
28.61 Y	F	25 Breast	1/21/2006	Tritons @ Belchertown
x1:08.39 Y	F	50 Breast	1/20/2007	Ludlow@ATST
30.45 Y	F	25 Fly	1/28/2006	PVSL Champs 2006
57.14 Y	F	50 Fly	1/27/2007	PVSL winter 07
2:26.84 Y	F	100 IM	12/2/2005	South Hadley Swords vs

Amherst Tritons

#### Mina Liang (10) F (Yr: 3rd)

17.94 Y	F	25 Free	2/12/2010	2010 NE NAS Regional Meet
32.04 Y	F	50 Free	5/6/2011	NAS Spring Pentathlon
1:10.55 Y	F	100 Free	7/30/2011	2011 WMSSL Championships
20.62 Y	F	25 Back	11/21/2009	ATST v WESTFIELD
38.84 Y	F	50 Back	5/6/2011	NAS Spring Pentathlon

1:24.57	Y	F	100	Back	2/11/2011	2011 NE UVAC REGIONALS
24.31	Y	F	25	Breast	1/9/2010	ATST vs ELongmeadow
43.64	Y	F	50	Breast	7/19/2011	ATST vs Tri Y
1:39.27	Y	F	100	Breast	2/11/2011	2011 NE UVAC REGIONALS
21.73	Y	F	25	Fly	7/21/2009	ATST vs Springfield
39.09	Y	F	50	Fly	5/6/2011	NAS Spring Pentathlon
1:23.09	Y	F	100	IM	5/6/2011	NAS Spring Pentathlon

**Mina Liang (10) F (Yr: 3rd)**

3:11.15	Y	F	200	IM	11/26/2010	Pioneer Valley Invitational
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**Marie Lian (14) F (Yr: 7th)**

31.75	Y	F	50	Free	1/22/2011	PVSL Championships
1:05.65	Y	F	100	Free	7/30/2011	2011 WMSSL Championships
2:31.82	Y	F	200	Free	7/12/2011	ATST @ FALCONS
39.16	Y	F	50	Back	7/31/2010	2010 WMSSL Championships
1:16.40	Y	F	100	Back	7/30/2011	2011 WMSSL Championships
1:02.78	Y	F	50	Breast	12/5/2009	ATST v Monson
1:47.29	Y	F	100	Breast	6/21/2011	ATST vs Belchertown
40.73	Y	F	50	Fly	6/22/2010	ATST Bluefish Falcons
1:32.75	Y	F	100	Fly	6/28/2011	ATST vs Sharks
3:04.46	Y	F	200	IM	7/19/2011	ATST vs Tri Y

**Calvin Lin (12) M (Yr: 4th)**

Regional Meet	15.72	Y	F	25	Free	2/16/2007	New England Swimming
	28.07	Y	F	50	Free	7/12/2011	ATST @ FALCONS
	1:01.75	Y	F	100	Free	6/21/2011	ATST vs Belchertown
	2:18.93	Y	F	200	Free	6/28/2011	ATST vs Sharks
	19.81	Y	F	25	Back	6/2/2007	BTown Mock Meet
	34.56	Y	F	50	Back	7/5/2011	ATST monson
	1:16.46	Y	F	100	Back	11/26/2010	Pioneer Valley Invitational
	20.96	Y	F	25	Breast	7/10/2007	ATST vs Tri Y
	33.07	Y	F	50	Breast	7/30/2011	2011 WMSSL Championships
	1:19.99	Y	F	100	Breast	11/26/2010	Pioneer Valley Invitational
Regional Meet	19.90	Y	F	25	Fly	2/16/2007	New England Swimming
	33.61	Y	F	50	Fly	7/5/2011	ATST monson
	1:29.04	Y	F	100	Fly	11/26/2010	Pioneer Valley Invitational
	1:15.66	Y	F	100	IM	10/30/2010	NAS Fall Pentathlon
	2:30.19	Y	F	200	IM	7/30/2011	2011 WMSSL Championships

**Eric Lin (15) M (Yr: 6th)**

x38.34	Y	F	25	Free	11/19/2004	South Hadley vs. Tritons
27.75	Y	F	50	Free	7/30/2011	2011 WMSSL Championships
1:01.64	Y	F	100	Free	7/19/2011	ATST vs Tri Y
2:24.43	Y	F	200	Free	11/26/2010	Pioneer Valley Invitational
33.52	Y	F	25	Back	12/18/2004	Amherst vs. Chicopee
47.12	Y	F	50	Back	6/2/2007	BTown Mock Meet

Champs2008	1:14.75	Y	F	100	Back	1/8/2011	NAS Distance & Sprints
	2:48.62	Y	F	200	Back	11/26/2010	Pioneer Valley Invitational
	40.30	Y	F	50	Breast	1/26/2008	Pioneer Valley Swim League
	1:17.91	Y	F	100	Breast	6/21/2011	ATST vs Belchertown
	3:02.32	Y	F	200	Breast	11/27/2009	Pioneer Valley Invitational
	47.95	Y	F	50	Fly	1/5/2007	Monson vs Amherst
	47.95	Y	F	50	Fly	1/5/2008	Monson vs Amherst
	1:28.32	Y	F	100	Fly	10/30/2010	NAS Fall Pentathlon
	1:47.45	Y	F	100	IM	7/29/2006	2006 WMSSL Championships
	2:41.66	Y	F	200	IM	6/21/2011	ATST vs Belchertown

#### Viseth Loeung Coleman (10) M

40.93	Y	F	50	Free	7/30/2011	2011 WMSSL Championships
1:36.89	Y	F	100	Free	7/19/2011	ATST vs Tri Y
52.70	Y	F	50	Back	6/28/2011	ATST vs Sharks
52.04	Y	F	50	Breast	7/30/2011	2011 WMSSL Championships
1:01.40	Y	F	50	Fly	6/28/2011	ATST vs Sharks
1:55.29	Y	F	100	IM	6/28/2011	ATST vs Sharks

#### Nicholas Lui (10) M

42.91	Y	F	50	Free	1/22/2011	PVSL Championships
2:06.19	Y	F	100	Free	11/5/2010	ATST @ WESTFIELD
59.07	Y	F	50	Back	11/20/2010	ATST vs AGAWAM

#### Nicholas Lui (10) M

53.49	Y	F	50	Breast	12/4/2010	ATST vs LONGMEADOW
56.22	Y	F	50	Fly	6/21/2011	ATST vs Belchertown
1:54.89	Y	F	100	IM	6/21/2011	ATST vs Belchertown

#### Gabrielle Mahony (7) F

26.85	Y	F	25	Free	7/5/2011	ATST monson
1:05.91	Y	F	50	Free	6/28/2011	ATST vs Sharks
26.01	Y	F	25	Back	7/12/2011	ATST @ FALCONS
35.72	Y	F	25	Breast	7/12/2011	ATST @ FALCONS
2:22.32	Y	F	100	IM	7/12/2011	ATST @ FALCONS

#### Ella Mattocks (7) F

19.17	Y	F	25	Free	6/28/2011	ATST vs Sharks
45.57	Y	F	50	Free	1/15/2011	ATSTvELM
22.66	Y	F	25	Back	12/18/2010	ATST vs FALCONS
29.01	Y	F	25	Breast	7/12/2011	ATST @ FALCONS
22.35	Y	F	25	Fly	6/28/2011	ATST vs Sharks
1:56.79	Y	F	100	IM	6/28/2011	ATST vs Sharks

#### Delia McHale (11) F

x38.30	Y	F	50	Free	7/19/2011	ATST vs Tri Y
2:02.70	Y	F	100	Free	7/6/2010	ATST Belchertown Bluefish

3:06.73 Y	F	200 Free	7/5/2011	ATST monson
46.54 Y	F	50 Back	1/22/2011	PVSL Championships
51.20 Y	F	50 Breast	6/21/2011	ATST vs Belchertown
x55.25 Y	F	50 Fly	1/15/2011	ATSTvELM
3:47.26 Y	F	200 IM	7/12/2011	ATST @ FALCONS

**Abby McLean (13) F (Yr: 6th)**

x37.11 Y	F	50 Free	1/15/2011	ATSTvELM
1:25.45 Y	F	100 Free	6/28/2011	ATST vs Sharks
3:02.27 Y	F	200 Free	12/4/2010	ATST vs LONGMEADOW
51.37 Y	F	50 Back	1/9/2010	ATST vs ELongmeadow
1:41.39 Y	F	100 Back	6/28/2011	ATST vs Sharks
45.35 Y	F	50 Breast	1/22/2011	PVSL Championships
1:37.22 Y	F	100 Breast	6/21/2011	ATST vs Belchertown
49.27 Y	F	50 Fly	1/22/2011	PVSL Championships
2:00.14 Y	F	100 Fly	7/12/2011	ATST @ FALCONS
3:17.91 Y	F	200 IM	6/21/2011	ATST vs Belchertown

**Anahit Mehranian (11) F**

43.11 Y	F	50 Free	7/30/2011	2011 WMSSL Championships
48.58 Y	F	50 Back	7/30/2011	2011 WMSSL Championships
x56.23 Y	F	50 Breast	1/8/2011	SSST VS ATST

**Courtney Milne (18) F (Yr: jr)**

	22.53 Y	F	25 Free	11/7/2001	2002 Winter Mock Meet
	28.85 Y	F	50 Free	12/1/2007	atst vs Elong
	1:03.62 Y	F	100 Free	12/7/2007	ATST vs LONGMEADOW
	2:18.09 Y	F	200 Free	11/3/2007	ATST VS SSST
	6:24.29 Y	F	500 Free	5/21/2006	2006 Viking Spring Invitational
	24.37 Y	F	25 Back	1/18/2002	Amherst Vs Northampton
	36.58 Y	F	50 Back	11/4/2005	Tritons_vs_Longmeadow
	1:17.91 Y	F	100 Back	11/3/2006	ATST @ ELM
	23.16 Y	F	25 Breast	12/7/2001	Amherst Vs Chicopee
	36.11 Y	F	50 Breast	1/28/2006	PVSL Champs 2006
Champs2008	1:18.55 Y	F	100 Breast	1/26/2008	Pioneer Valley Swim League
	25.44 Y	F	25 Fly	1/18/2002	Amherst Vs Northampton
	38.39 Y	F	50 Fly	1/15/2005	Tritons vs. Springfield
Champs2008	1:21.19 Y	F	100 Fly	1/26/2008	Pioneer Valley Swim League
	1:21.29 Y	F	100 IM	1/21/2005	Tritonst Easthampton
	2:38.72 Y	F	200 IM	6/27/2006	ATST vs. HRY

**Maria Mountziaris (11) F (Yr: 5th)**

	27.53 Y	F	25 Free	10/31/2009	ATST SHARKS Scrimmage 2
	x36.99 Y	F	50 Free	6/28/2011	ATST vs Sharks
	1:31.27 Y	F	100 Free	12/18/2010	ATST vs FALCONS
	3:24.73 Y	F	200 Free	6/21/2011	ATST vs Belchertown
	24.07 Y	F	25 Back	10/31/2009	ATST SHARKS Scrimmage 2

x45.73 Y	F	50	Back	6/21/2011	ATST vs Belchertown
26.61 Y	F	25	Breast	10/31/2009	ATST SHARKS Scrimmage 2
50.20 Y	F	50	Breast	7/12/2011	ATST @ FALCONS
46.89 Y	F	50	Fly	6/28/2011	ATST vs Sharks
x1:55.01 Y	F	100	IM	12/5/2009	ATST v Monson

**Andrew Ni (9) M**

59.40 Y	F	50	Free	7/19/2011	ATST vs Tri Y
2:19.68 Y	F	100	Free	7/19/2011	ATST vs Tri Y
1:08.81 Y	F	50	Back	6/21/2011	ATST vs Belchertown

**Daniel Ni (7) M**

32.48 Y	F	25	Free	7/19/2011	ATST vs Tri Y
1:11.24 Y	F	50	Free	7/19/2011	ATST vs Tri Y
45.19 Y	F	25	Back	7/19/2011	ATST vs Tri Y

**Laura Nunnally (17) F (Yr: so)**

	29.61 Y	S	50	Free	7/7/2009	ATST vs MONSON
	29.61 Y	F	50	Free	7/7/2009	ATST vs MONSON
	1:03.50 Y	F	100	Free	7/31/2010	2010 WMSSL Championships
	2:14.85 Y	F	200	Free	7/7/2009	ATST vs MONSON
Regional Meet	6:11.43 Y	F	500	Free	2/16/2007	New England Swimming
	20:52.26 Y	F	1650	Free	1/14/2007	Eaglebrook Distance Meet 2007
10-29-06	34.76 Y	F	50	Back	10/29/2006	NAS & Smith Fall Pentathlon
	1:10.29 Y	F	100	Back	7/26/2008	WMSSL Championships
	2:43.44 Y	F	200	Back	1/14/2007	Eaglebrook Distance Meet 2007
10-29-06	42.17 Y	F	50	Breast	10/29/2006	NAS & Smith Fall Pentathlon
	1:26.61 Y	F	100	Breast	5/11/2007	NAS Sprint Pentathlon
	32.32 Y	F	50	Fly	12/16/2006	ATST vs Falcons
	1:07.55 Y	F	100	Fly	1/24/2009	PVSL Championships 2009
	2:41.81 Y	F	200	Fly	1/6/2008	NAS Distance 2008
	1:16.41 Y	F	100	IM	7/17/2007	ATST - NAS Meet
	2:32.16 Y	F	200	IM	7/26/2008	WMSSL Championships
	5:32.96 Y	F	400	IM	1/6/2007	MTSC Specialty Meet

**Jasmyne Ostrowski (12) F (Yr: 5th)**

	30.37 Y	F	50	Free	6/21/2011	ATST vs Belchertown
	1:14.43 Y	F	100	Free	7/12/2011	ATST @ FALCONS
	2:39.58 Y	F	200	Free	7/30/2011	2011 WMSSL Championships
	40.93 Y	F	50	Back	6/28/2011	ATST vs Sharks
	41.04 Y	F	50	Breast	7/30/2011	2011 WMSSL Championships
	35.78 Y	F	50	Fly	6/21/2011	ATST vs Belchertown
	x1:41.73 Y	F	100	IM	12/6/2008	ATST vs. Belchertown
	2:56.39 Y	F	200	IM	6/28/2011	ATST vs Sharks

**Romy Payne (14) F**

	32.82 Y	F	50	Free	7/5/2011	ATST monson
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x1:16.69 Y	F	100	Free	7/5/2011	ATST monson
2:53.68 Y	F	200	Free	6/21/2011	ATST vs Belchertown
1:45.48 Y	F	100	Back	7/5/2011	ATST monson
3:24.08 Y	F	200	IM	6/28/2011	ATST vs Sharks

**Michayla Robertson-Pine (11) F**

34.07 Y	F	50	Free	7/5/2011	ATST monson
1:20.24 Y	F	100	Free	6/21/2011	ATST vs Belchertown
2:59.79 Y	F	200	Free	6/21/2011	ATST vs Belchertown
42.09 Y	F	50	Back	12/18/2010	ATST vs FALCONS

**Michayla Robertson-Pine (11) F**

49.69 Y	F	50	Breast	12/11/2010	ATST vs Belchertown
40.82 Y	F	50	Fly	7/5/2011	ATST monson
1:33.41 Y	F	100	IM	12/4/2010	ATST vs LONGMEADOW
3:28.09 Y	F	200	IM	7/12/2011	ATST @ FALCONS

**Gabriel Rodriguez (15) M (Yr: 9th)**

29.06 Y	F	50	Free	1/22/2011	PVSL Championships
29.06 Y	F	50	Free	6/28/2011	ATST vs Sharks
1:04.46 Y	F	100	Free	1/22/2011	PVSL Championships
2:39.89 Y	F	200	Free	11/20/2010	ATST vs AGAWAM
46.56 Y	F	50	Back	10/31/2009	ATST SHARKS Scrimmage 2
1:26.07 Y	F	100	Back	6/23/2009	ATST vs Belchertown
1:03.66 Y	F	50	Breast	6/17/2008	ATST vs Belchertown
1:32.64 Y	F	100	Breast	6/28/2011	ATST vs Sharks
x47.92 Y	F	50	Fly	10/24/2009	Scrimmage number 1 vs Amherst
1:32.30 Y	F	100	IM	10/24/2009	Scrimmage number 1 vs Amherst
2:59.98 Y	F	200	IM	12/4/2010	ATST vs LONGMEADOW

**Anthony Rosa (13) M (Yr: 7th)**

31.22 Y	F	50	Free	7/5/2011	ATST monson
1:10.05 Y	F	100	Free	7/5/2011	ATST monson
2:39.30 Y	F	200	Free	7/12/2011	ATST @ FALCONS
47.91 Y	F	50	Back	1/9/2010	ATST vs ELongmeadow
1:27.26 Y	F	100	Back	7/12/2011	ATST @ FALCONS
46.13 Y	F	50	Breast	1/30/2010	PVSL CHAMPS
1:26.87 Y	F	100	Breast	7/5/2011	ATST monson
49.77 Y	F	50	Fly	10/24/2009	Scrimmage number 1 vs Amherst
2:58.17 Y	F	200	IM	7/19/2011	ATST vs Tri Y

**Andrea Salazar (11) F (Yr: 1st)**

x44.48 Y	F	50	Free	1/15/2011	ATSTvELM
x56.43 Y	F	50	Back	7/19/2011	ATST vs Tri Y
x1:10.66 Y	F	50	Breast	6/28/2011	ATST vs Sharks
x1:16.91 Y	F	50	Fly	6/28/2011	ATST vs Sharks

**Sophie Schilling (9) F**

19.67 Y	F	25 Free	12/18/2010	ATST vs FALCONS
x41.93 Y	F	50 Free	6/21/2011	ATST vs Belchertown
1:38.49 Y	F	100 Free	6/21/2011	ATST vs Belchertown
25.39 Y	F	25 Back	11/20/2010	ATST vs AGAWAM
53.96 Y	F	50 Back	6/28/2011	ATST vs Sharks
30.09 Y	F	25 Breast	12/11/2010	ATST vs Belchertown
1:17.06 Y	F	50 Breast	7/12/2011	ATST @ FALCONS
27.73 Y	F	25 Fly	12/18/2010	ATST vs FALCONS
1:59.66 Y	F	100 IM	6/28/2011	ATST vs Sharks

**Claire Siege (12) F**

x43.33 Y	F	50 Free	6/21/2011	ATST vs Belchertown
x59.93 Y	F	50 Back	6/21/2011	ATST vs Belchertown

**Jamie Simonson (10) M (Yr: 3rd)**

18.85 Y	F	25 Free	1/24/2009	PVSL Championships 2009
43.89 Y	F	50 Free	1/8/2011	SSST VS ATST
1:39.35 Y	F	100 Free	6/28/2011	ATST vs Sharks
22.15 Y	F	25 Back	7/25/2009	2009 WMSSL Championships
46.88 Y	F	50 Back	11/5/2010	ATST @ WESTFIELD
24.20 Y	F	25 Breast	10/31/2009	ATST SHARKS Scrimmage 2
52.89 Y	F	50 Breast	7/19/2011	ATST vs Tri Y
24.96 Y	F	25 Fly	10/31/2009	ATST SHARKS Scrimmage 2
52.65 Y	F	50 Fly	7/30/2011	2011 WMSSL Championships
1:42.41 Y	F	100 IM	7/30/2011	2011 WMSSL Championships

**Dante Sin (10) M (Yr: 3rd)****Dante Sin (10) M (Yr: 3rd)**

20.51 Y	F	25 Free	1/30/2010	PVSL CHAMPS
39.79 Y	F	50 Free	1/22/2011	PVSL Championships
1:32.58 Y	F	100 Free	6/21/2011	ATST vs Belchertown
28.58 Y	F	25 Back	1/16/2010	Belchertown vs. Amherst
50.49 Y	F	50 Back	6/28/2011	ATST vs Sharks
42.74 Y	F	25 Breast	1/30/2010	PVSL CHAMPS
1:00.81 Y	F	50 Breast	6/21/2011	ATST vs Belchertown
37.54 Y	F	25 Fly	10/31/2009	ATST SHARKS Scrimmage 2
51.12 Y	F	50 Fly	1/22/2011	PVSL Championships
1:48.52 Y	F	100 IM	6/28/2011	ATST vs Sharks

**Kayla Sit (9) F**

20.39 Y	F	25 Free	7/31/2010	2010 WMSSL Championships
40.91 Y	F	50 Free	7/30/2011	2011 WMSSL Championships
1:45.63 Y	F	100 Free	7/5/2011	ATST monson
25.40 Y	F	25 Back	7/31/2010	2010 WMSSL Championships
52.59 Y	F	50 Back	6/28/2011	ATST vs Sharks

24.20 Y	F	25 Breast	6/21/2011	ATST vs Belchertown
1:04.94 Y	F	50 Breast	7/30/2011	2011 WMSSL Championships
37.21 Y	F	25 Fly	6/29/2010	ATST Springfield Bluefish

**Donovan Smith (16) M (Yr: 9th)**

	21.31 Y	F	25 Free	11/5/2003	Winter Mock Meet 2003
	27.93 Y	F	50 Free	7/12/2011	ATST @ FALCONS
	59.93 Y	F	100 Free	7/12/2011	ATST @ FALCONS
	2:11.50 Y	F	200 Free	6/21/2011	ATST vs Belchertown
Pentathlon	28.78 Y	F	25 Back	11/2/2003	Westfield Wave Halloween
	28.65 Y L	F	50 Back	6/21/2011	ATST vs Belchertown
	1:20.70 Y	F	100 Back	11/20/2010	ATST vs AGAWAM
	33.53 Y	F	25 Breast	1/23/2004	Longmeadow vs. Amherst
	51.34 Y	F	50 Breast	12/1/2007	atst vs Elong
	1:31.14 Y	F	100 Breast	7/12/2011	ATST @ FALCONS
Pentathlon	28.46 Y	F	25 Fly	11/2/2003	Westfield Wave Halloween
	48.41 Y	F	50 Fly	11/17/2007	ATST @ South Hadley
	1:17.65 Y	F	100 Fly	7/19/2011	ATST vs Tri Y
	1:47.74 Y	F	100 IM	1/13/2006	Springfield@Tritons
	2:37.62 Y	F	200 IM	1/15/2011	ATSTvELM

**Esther Sokoloff-Rubin (10) F (Yr: 3rd)**

	20.88 Y	F	25 Free	10/31/2009	ATST SHARKS Scrimmage 2
	41.27 Y	F	50 Free	6/21/2011	ATST vs Belchertown
	1:34.20 Y	F	100 Free	11/20/2010	ATST vs AGAWAM
	23.79 Y	F	25 Back	11/8/2008	ATST vs Falcons
	50.40 Y	F	50 Back	6/29/2010	ATST Springfield Bluefish
	28.73 Y	F	25 Breast	1/17/2009	ATST vs Ludlow
	56.71 Y	F	50 Breast	6/21/2011	ATST vs Belchertown
	24.14 Y	F	25 Fly	10/31/2009	ATST SHARKS Scrimmage 2
	52.08 Y	F	50 Fly	7/20/2010	ATST MONSON BLUEFISH
	1:50.43 Y	F	100 IM	7/20/2010	ATST MONSON BLUEFISH

**Lauren Solzak (9) F**

	x50.77 Y	F	50 Free	7/19/2011	ATST vs Tri Y
	59.73 Y	F	50 Back	7/19/2011	ATST vs Tri Y
	1:37.12 Y	F	50 Breast	7/5/2011	ATST monson

**Joslyn Sullivan (14) F (Yr: 7th)**

	28.42 Y	F	50 Free	7/30/2011	2011 WMSSL Championships
	1:00.73 Y	F	100 Free	6/21/2011	ATST vs Belchertown
	2:17.23 Y	F	200 Free	7/5/2011	ATST monson
	5:49.36 Y	F	500 Free	6/3/2011	NAS Beat the Heat
	32.05 Y L	F	50 Back	7/19/2011	ATST vs Tri Y

**Joslyn Sullivan (14) F (Yr: 7th)**

	1:08.98 Y	F	100 Back	6/21/2011	ATST vs Belchertown
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45.26 Y	F	50 Breast	6/30/2009	Atst vs Tri-Y
1:25.38 Y	F	100 Breast	7/5/2011	ATST monson
37.62 Y	F	50 Fly	10/24/2009	Scrimage number 1 vs Amherst
1:14.08 Y	F	100 Fly	7/5/2011	ATST monson
2:33.07 Y	F	200 IM	6/3/2011	NAS Beat the Heat

### Shelby Telega (13) F (Yr: 6th)

Amherst Tritons	18.40 Y	F	25 Free	12/2/2005	South Hadley Swords vs
	27.85 Y L	F	50 Free	1/22/2011	PVSL Championships
	1:03.26 Y	F	100 Free	2/11/2011	2011 NE UVAC REGIONALS
	2:19.63 Y	F	200 Free	11/26/2010	Pioneer Valley Invitational
	6:07.94 Y	F	500 Free	1/8/2011	NAS Distance & Sprints
	21.76 Y	F	25 Back	6/23/2006	NAS Sprint Pentathlon
	34.50 Y	F	50 Back	2/12/2010	2010 NE NAS Regional Meet
	1:14.05 Y	F	100 Back	2/11/2011	2011 NE UVAC REGIONALS
	27.57 Y	F	25 Breast	6/13/2006	ATST vs. Springfield
	38.33 Y	F	50 Breast	6/22/2010	ATST Bluefish Falcons
	1:20.62 Y	F	100 Breast	1/22/2011	PVSL Championships
	23.94 Y	F	25 Fly	7/11/2006	Monson vs. ATST
	31.41 Y	F	50 Fly	7/20/2010	ATST MONSON BLUEFISH
	1:10.15 Y	F	100 Fly	7/30/2011	2011 WMSSL Championships
	1:12.61 Y	F	100 IM	2/12/2010	2010 NE NAS Regional Meet
	2:30.70 Y	F	200 IM	7/30/2011	2011 WMSSL Championships

### Emma Thibault (14) F (Yr: 7th)

	18.47 Y	F	25 Free	1/21/2006	Tritons @ Belchertown
	28.02 Y	F	50 Free	6/21/2011	ATST vs Belchertown
	1:01.69 Y	F	100 Free	5/6/2011	NAS Spring Pentathlon
	2:13.15 Y	F	200 Free	6/21/2011	ATST vs Belchertown
	6:00.40 Y	F	500 Free	2/11/2011	2011 NE UVAC REGIONALS
	12:57.54 Y	F	1000 Free	6/3/2011	NAS Beat the Heat
	25.12 Y	F	25 Back	11/4/2005	Tritons_vs_Longmeadow
	38.58 Y	F	50 Back	11/28/2008	Pioneer Valley Invitational
	1:16.79 Y	F	100 Back	2/12/2010	2010 NE NAS Regional Meet
	27.04 Y	F	25 Breast	11/11/2005	E_Longmeadow@Tritons
Champs	37.21 Y	P	50 Breast	2/19/2009	2009 SCY12-U Age Group
	1:18.25 Y	F	100 Breast	2/11/2011	2011 NE UVAC REGIONALS
	2:48.25 Y	F	200 Breast	2/11/2011	2011 NE UVAC REGIONALS
	20.32 Y	F	25 Fly	1/28/2006	PVSL Champs 2006
	32.33 Y	F	50 Fly	1/18/2009	NAS Distance & Sprint 2009
	1:11.38 Y	F	100 Fly	5/6/2011	NAS Spring Pentathlon
	2:48.74 Y	F	200 Fly	11/26/2010	Pioneer Valley Invitational
Champs	1:11.64 Y	P	100 IM	2/19/2009	2009 SCY12-U Age Group
	2:33.78 Y	F	200 IM	2/11/2011	2011 NE UVAC REGIONALS

### Maggie Thibault (10) F (Yr: 3rd)

	18.73 Y	F	25 Free	11/7/2009	ATST vs South HADLEY
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34.88 Y	F	50 Free	2/11/2011	2011 NE UVAC REGIONALS
1:19.28 Y	F	100 Free	2/11/2011	2011 NE UVAC REGIONALS
22.14 Y	F	25 Back	11/7/2009	ATST vs South HADLEY
42.97 Y	F	50 Back	1/8/2011	NAS Distance & Sprints
1:29.96 Y	F	100 Back	2/11/2011	2011 NE UVAC REGIONALS
23.17 Y	F	25 Breast	1/30/2010	PVSL CHAMPS
44.53 Y	F	50 Breast	7/30/2011	2011 WMSSL Championships
1:43.48 Y	F	100 Breast	2/11/2011	2011 NE UVAC REGIONALS
22.77 Y	F	25 Fly	1/16/2010	Belchertown vs. Amherst
43.95 Y	F	50 Fly	2/11/2011	2011 NE UVAC REGIONALS
1:28.93 Y	F	100 IM	6/3/2011	NAS Beat the Heat
3:27.34 Y	F	200 IM	11/26/2010	Pioneer Valley Invitational

**Regan Thibault (11) F (Yr: 4th)**

19.64 Y	F	25 Free	11/17/2007	ATST @ South Hadley
32.75 Y	F	50 Free	6/21/2011	ATST vs Belchertown
1:17.13 Y	F	100 Free	1/8/2011	SSST VS ATST
2:44.52 Y	F	200 Free	6/28/2011	ATST vs Sharks
23.23 Y	F	25 Back	7/1/2008	Tri-Y at ATST
37.43 Y	F	50 Back	6/21/2011	ATST vs Belchertown
29.02 Y	F	25 Breast	6/24/2008	SSST VS ATST
45.11 Y	F	50 Breast	7/30/2011	2011 WMSSL Championships
24.68 Y	F	25 Fly	7/1/2008	Tri-Y at ATST
44.28 Y	F	50 Fly	12/4/2010	ATST vs LONGMEADOW
1:38.60 Y	F	100 IM	6/22/2010	ATST Bluefish Falcons
3:06.18 Y	F	200 IM	7/5/2011	ATST monson

**Aidan Thomas-Paquin (9) F**

44.68 Y	F	50 Free	7/30/2011	2011 WMSSL Championships
1:42.15 Y	F	100 Free	6/28/2011	ATST vs Sharks
34.65 Y	F	25 Back	11/5/2010	ATST @ WESTFIELD
1:04.51 Y	F	50 Back	1/22/2011	PVSL Championships
48.75 Y	F	25 Breast	11/20/2010	ATST vs AGAWAM
1:58.31 Y	F	100 IM	7/30/2011	2011 WMSSL Championships

**Kathryn Tyler (15) F (Yr: 9th)**

15.40 Y	F	25 Free	7/6/2004	Falcons vs ATST
25.23 Y	F	50 Free	1/22/2011	PVSL Championships
55.93 Y	F	100 Free	2/11/2011	2011 NE UVAC REGIONALS
2:04.76 Y	F	200 Free	7/25/2009	2009 WMSSL Championships
6:01.95 Y	F	500 Free	1/18/2009	NAS Distance & Sprint 2009
20.62 Y	F	25 Back	2/13/2004	New England Regional
34.39 Y	F	50 Back	2/15/2008	NE Regional Meet 2008
1:11.98 Y	F	100 Back	10/30/2010	NAS Fall Pentathlon
19.50 Y	F	25 Breast	7/20/2004	Elm vs. Amherst Tritons
33.08 Y	F	50 Breast	2/21/2008	2008 SCY12-U Age Group
1:12.94 Y	F	100 Breast	2/6/2009	NE Regional Meet 2009
2:41.19 Y	F	200 Breast	2/6/2009	NE Regional Meet 2009

	16.61 Y	F	25 Fly	7/13/2004	ATST vs Wave
Champs	27.09 Y	F	50 Fly	2/21/2008	2008 SCY12-U Age Group
	1:02.04 Y	F	100 Fly	1/22/2011	PVSL Championships
	2:24.51 Y	F	200 Fly	7/17/2009	End of Summer Challenge
Champs	1:08.16 Y	P	100 IM	2/21/2008	2008 SCY12-U Age Group
	2:23.14 Y	F	200 IM	12/11/2010	ATST vs Belchertown

### Christopher Wallace (18) M (Yr: jr)

	24.99 Y	F	50 Free	1/22/2011	PVSL Championships
	x55.31 Y	F	100 Free	12/5/2009	ATST v Monson
	2:05.19 Y	F	200 Free	12/4/2010	ATST vs LONGMEADOW
	6:06.89 Y	F	500 Free	1/18/2009	NAS Distance & Sprint 2009
	42.50 Y	F	50 Back	1/6/2006	ATST@ Monson
	1:03.50 Y	F	100 Back	7/31/2010	2010 WMSSL Championships
Classic	2:32.50 Y	F	200 Back	12/19/2008	2008 BEAR Santa Claus
	1:00.56 Y	F	50 Breast	1/23/2004	Longmeadow vs. Amherst
	1:47.81 Y	F	100 Breast	11/17/2007	ATST @ South Hadley
	42.19 Y	F	50 Fly	1/6/2006	ATST@ Monson
	1:04.18 Y	F	100 Fly	1/9/2010	ATST vs ELongmeadow
	2:45.68 Y	F	200 Fly	1/10/2009	IMX Plus Meet
	2:28.12 Y	F	200 IM	7/6/2010	ATST Belchertown Bluefish

### Kenneth Wang (8) M (Yr: 2nd)

	18.25 Y	F	25 Free	7/19/2011	ATST vs Tri Y
	43.91 Y	F	50 Free	6/28/2011	ATST vs Sharks
	21.56 Y	F	25 Back	7/30/2011	2011 WMSSL Championships

### Kenneth Wang (8) M (Yr: 2nd)

	25.78 Y	F	25 Breast	6/21/2011	ATST vs Belchertown
	36.51 Y	F	25 Fly	12/5/2009	ATST v Monson
	2:05.16 Y	F	100 IM	6/21/2011	ATST vs Belchertown

### April Weintraub (12) F (Yr: 5th)

	22.75 Y	F	25 Free	1/6/2007	Monson@ATST
	31.54 Y	F	50 Free	6/3/2011	NAS Beat the Heat
	1:14.31 Y	F	100 Free	2/11/2011	2011 NE UVAC REGIONALS
	2:48.68 Y	F	200 Free	11/20/2010	ATST vs AGAWAM
	27.35 Y	F	25 Back	11/3/2006	ATST @ ELM
	38.21 Y	F	50 Back	6/3/2011	NAS Beat the Heat
	26.23 Y	F	25 Breast	12/16/2006	ATST vs Falcons
	40.34 Y	F	50 Breast	6/21/2011	ATST vs Belchertown
	24.76 Y	F	25 Fly	11/18/2006	ATST vs. Longmeadow
	39.07 Y	F	50 Fly	2/11/2011	2011 NE UVAC REGIONALS
	1:23.16 Y	F	100 IM	6/3/2011	NAS Beat the Heat
	3:00.37 Y	F	200 IM	6/21/2011	ATST vs Belchertown

**Mona zhang (9) F**

1:04.00 Y	F	50 Free	7/30/2011	2011 WMSSL Championships
2:33.42 Y	F	100 Free	7/5/2011	ATST monson
1:01.36 Y	F	50 Back	7/5/2011	ATST monson
55.42 Y	F	50 Breast	7/19/2011	ATST vs Tri Y